# GPS Checklist

Name & ID: _____________________________  
Expected Graduation Term: _____________

<table>
<thead>
<tr>
<th>Path Item</th>
<th>Requirement</th>
<th>Planned Semester</th>
<th>Complete?</th>
<th>Notes</th>
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<tbody>
<tr>
<td><strong>WORKSHOPS</strong></td>
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<tr>
<td>1. <strong>PLAN: Designing Your AUP (DYa)</strong></td>
<td>• Personal Plan</td>
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<td>2. <strong>IMAGINE: Designing Your Life (DYL)</strong></td>
<td>• Personal Value Proposition</td>
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<td>3. <strong>TELL: Designing Your Narrative (DYN)</strong></td>
<td>• Personal Narrative</td>
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<td><strong>EXERCISES</strong></td>
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<td>4. Balancing Student Life</td>
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<td>5. Resilience</td>
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<td>6. Cultural Fluency</td>
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<td>7. Conflict Management</td>
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<td>8. Leadership</td>
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<td>9. Senior Feedback Survey</td>
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<td><strong>ACTIVITIES</strong> (see options below)</td>
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<td>10. Professional Experience 1/2</td>
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<td>11. Professional Experience 2/2</td>
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<td>12. Self-Care</td>
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<td>13. Collaborative Activity 1/2</td>
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<td>14. Collaborative Activity 2/2</td>
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<td>15. Cultural Exploration</td>
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**Professional Experience Options**
- Career Workshops & Events*
- GPS Panel Presentation*
- Academic Research & Practice
- ASM Board Member*
- AUP Global Mentoring*
- AUP Resident Advisor*
- Internship registered w/ AUP (2)*
- LinkedIn Learning certification – linked to career plans
- Publications & Public Speaking
- Additional Prof. Experience

**Collaborative Activity Options**
- Activities & Clubs Committee*
- ARC Tutor*
- Events Committee*
- Judiciary Committee*
- Merchandise Committee*
- Senior Gift Committee*
- Service Committee*
- SGA Executive*
- Student Advisor*
- Student Senator*
- Active Member of a Student Organization (2)
- 20 hours of community service (2)
- Additional Collaborative Experience
- GPS Partner Course (multiple options)

**Cultural Exploration Options**
- Join an AUP Language or Culture club*
- Cultural Program Study Trip*
- Study Abroad
- Study Arabic in Fes, Morocco
- Additional Cultural Fluency Experience
- GPS Partner Course (multiple options)

**Self-Care Options**
- Active Gym Membership
- Join an AUP sports team*
- Join an AUP recreational activity club*
- LinkedIn Learning certification – something creative
- LinkedIn Learning certification – something related to self-improvement
- Other regular physical activity
- Other Self-Care, Wellness, or Self-Improvement Activity

**Tips:**  
* - tracked automatically (no need to declare);  
(2) - can use 2 activities of this type;  
→ Fill out planned semester for each incomplete path item;  
→ Highlight relevant options;  
→ Add details about each activity in the Notes column.

Submit all items via your GPS Path: [https://aup.campuslabs.com/engage/involvement/paths#/](https://aup.campuslabs.com/engage/involvement/paths#/)
Questions? Contact gps@aup.edu