# STUDENT HEALTH CARE HANDBOOK

#### **SUMMARY OF BENEFITS**

July 2012









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All students at the American University of Paris are required to have health care insurance. The French government also requires health insurance for all non-French students. The American University of Paris has contracted with SMEREP (primary coverage by French student Social Security) and with AXA Group (complementary private insurance) administered by MSH INTERNATIONAL to provide our students with full coverage.



## 1 What general principles guide the plan?

The table on page 6 gives the specific reimbursement schedule for each treatment or service, but it is useful to understand some of the principles on which the Plan is built:

Coverage is available 24 hours per day in France. Worldwide coverage is available for emergencies.

Regarding coverage in France: There is no maximum overall ceiling. There are no deductibles, no medical screenings, and no waiting periods.

#### **ATTENTION**

Coverage outside of France is limited to unexpected emergency treatment. Emergency coverage also includes the USA for emergency hospitalisations and Emergency Room only, which will be covered in full in line with "reasonable and customary costs".

Call MSH INTERNATIONAL
(01 44 20 48 15) within 72 hours of admission. MSH INTERNATIONAL will send a pre-certification agreement.

For medical coverage in the European Union, please contact the Health Plan Coordinator in The Office of Student Affairs to request the SMEREP European Medical Insurance Card (CEAM, Carte Européenne d'Assurance Maladie).

Should you need hospital treatment in France, please call both the SMEREP and MSH INTERNATIONAL ten days before entering the hospital or undergoing non-emergency surgery. If an emergency hospitalization occurs, SMEREP and MSH INTERNATIONAL **MUST** be contacted within 72 hours of admission.

VISITING STUDENTS - call MSH INTERNATIONAL (01 44 20 48 15) ten days before entering the hospital or undergoing non-emergency surgery. If an emergency hospitalization occurs, MSH INTERNATIONAL MUST be contacted within 72 hours of admission.

**VISITING STUDENTS** - pre-certification is required by MSH INTERNATIONAL for:

- treatment for psychiatric, alcohol, and drug abuse disorders when costs exceed 600 €
- dental treatment, surgery, and crowns when costs exceed 600 €
- childbirth
- repetitive and serial medical procedures (5 or more)

Remember that the telephone and fax numbers of MSH INTERNATIONAL are on the back of your MSH INTERNATIONAL insurance card.



Failure to obtain a pre-certification agreement from MSH INTERNATIONAL may result in a refusal of a claim or reduction in reimbursement up to 50% of total reimbursement by MSH INTERNATIONAL.

Services which are not medically necessary are not reimbursed.

The Plan normally reimburses all essential medical expenses, as the ceilings in the Plan are set sufficiently high to cover nearly all medical practitioners in France. However, it is not a blank check. Students who want dental crowns or who choose to go to a small group of expensive practitioners known as "Non-Conventionné" are well advised to inquire carefully about the costs of the proposed treatment, because they may not be reimbursed for charges more than four times the limits set by the French Social Security System. Use common sense, talk with the Health Plan Coordinator in The Office of Student Affairs and stay with "Conventionné" or "Conventionné Honoraires Libres" physicians. Think also to consult the list of English-language medical providers available in The Office of Student Affairs and on the University's MyAUP portal.

Certain procedures may not be covered, in particular, cosmetic surgery, elective surgery, orthodontic care and treatment which are not recognized by the French Social Security System. If in doubt, do not hesitate to ask MSH INTERNATIONAL.

For Psychologists and Osteopaths, please contact the Health Plan Coordinator in The Office of Student Affairs for a list of therapists who accept direct billing (no payment out of pocket); primary insurance (SMEREP) does not take these expenses into account.

Medical repatriation is provided when AXA Assistance physicians are convinced that repatriation is possible and absolutely necessary on medical grounds. It is important to note, however, that French doctors and hospitals provide excellent service and situations where a medical repatriation is absolutely necessary are rare. No medical repatriation is covered unless AXA Assistance agrees to it in advance and handles all the arrangements.

In general, if you have any questions or problems, or simply need general advice and support, get in touch with the Health Plan Coordinator in The Office of Student Affairs (01 40 62 05 77) or with MSH INTERNATIONAL (01 44 20 48 15).

If you call the MSH INTERNATIONAL offices, you will be able to discuss your problem with native speakers of English, French, and nearly all the European languages, as well as others.

A complete description of the benefits and the full terms and conditions will be found in the Master Policy issued to The American University of Paris. Payments of benefits will be made under the terms of the policy. If any statement in this brochure and any provision in the policy differ, the policy will govern.



### 2 Highlights of the American University of Paris student Health care plan

# TREATMENT OR SERVICES MAXIMUM PLAN REIMBURSEMENT MEDICAL FEE

#### ernationales 100 % of r

of the office "migrations internationales"

100 % of reasonable and customary costs

#### **HOSPITALIZATION AND SURGERY**

Hospital charges, including emergency room, room and board, operating facilities, private room, the daily "Forfait Journalier", convalescent facilities, surgeons' and doctors' fees, Ambulance

100% of reasonable and customary costs (If hospitalized outside of France, limited to 200% of the FSST, except in the event of an accident or major medical emergency, in which case the coverage is limited to 100% of the real charges (limited to 30 days in the USA)

#### PRESCRIPTION DRUGS

100 % of costs

#### PRESCIRPTION CONTRACEPTION

up to 55 € per calendar year

#### **OUTPATIENT MEDICAL**

Physicians Fees, Routine Medical, Psychiatry, Examinations, Physical Therapy, Nursing and Paramedical Fees, Diagnostic Laboratory Analyses, X-ray Exams, Orthopedic Fees, Eye Examinations, Prosthetic Appliances other than Dental 100% of reasonable and customary costs up to 400% of the FSST (Outside of France, when there is no accident

(Outside of France, when there is no accident or major medical emergency, reimbursements are limited to 200% of the FSST)

#### **MATERNITY**

Inpatient and Outpatient Medical Treatment for Pregnancy and Childbirth

## AGGREGATE MAXIMUM OF 2,000 € PER PREGNANCY

100% of reasonable and customary costs up to 400% of the FSST (Outside of France reimbursements are limited to 200% of the FSST)

#### **ALTERNATIVE MEDECINE**

Acupuncture, Osteopathic care, Chiropractic care, Homeopathic care

100% of costs, up to 10 sessions per semester in aggregate

#### **PSYCHOLOGICAL SERVICES**

Psychology

100% of costs, up to 15 sessions/semester, limited to 90 € per session

#### **DENTAL CARE**

Preventive Treatment, Teeth Cleaning, Diagnostic Examinations, X-rays, Necessary Basic Care, including Fillings, Extractions, Root Canals, Oral Surgery, Crowns, and Dental Prostheses 100% of reasonable and customary costs
up to 400% of the FSST

(Outside of France, when there is no accident or major medical emergency, reimbursements are limited to 200% of the FSST)



TREATMENT OR SERVICES	MAXIMUM PLAN REIMBURSEMENT				
VISION CARE					
Eyeglass frames	107 € per frame				
Eyeglass lenses	39 € per lens				
Contact lenses	138 € per pair				
ONE PAIR OF EYEGLASSES AND ONE PAIR OF CONTACT LENSES MAXIMUM PER CALENDAR YEAR					
REPATRIATION					
Medical repatriation	100% of cost				
Repatriation of body in the event of death	7,623 € per person				

While French Social Security authorities have set up a maximum tariff scale used for reimbursement, not all the health practitioners charge within these limits. The chart below may refer to amounts or percentages greater than the French Social Security maximum amount (FSST). This will often allow you to be reimbursed at 100%, even if the charge is far higher to the official scale.

#### Some detailed examples of reimbursements

#### Example n°1: General Practitioner who charges 60 € for a visit.

- ➤ The FSST for a GP is 23 €, SMEREP (French Social Security) covers 70% of this amount minus 1 € deductible = 15.1 € reimbursement to your bank account.
- MSH INTERNATIONAL will reimburse the difference of the visit to your bank account, or 60 € - 15.1 € = 44.9 €. MSH INTERNATIONAL does not reimburse the deductible.

Example n°2: Gynecologist who charges 70 € for a visit and prescribes a PAP smear test that costs 14.85 € and a pack of drugs that cost 68.3 €. Total expenses equaled 153.15 €.

- The FSST for a specialist is 23 €, SMEREP (French Social Security) covers 70% of this amount minus 1 € deductible = 15.1 €. In addition, SMEREP will reimburse 60% of 14.85 for the lab work = 8.91 € and 65% for prescription drugs minus 0.50 € of deductible per pack of drugs = 43.90 €. The total SMEREP reimbursement to your bank account = 67.91 €.
- MSH INTERNATIONAL will reimburse you the difference (except the deductible): 53.90 € for the gynecologist, 5.94 for the lab tests, and 23.90 € for the drugs, or a total of 83.74 €.
- ► Altogether, you will receive reimbursement for 151.65 € (67.91 €+ 83.74 €).



DENESTO	French Social	SMEREP	MSH Int. maximum reimbursement if treatment
BENEFITS	Security Scale	Reimbursement	provided in France includes the SMEREP reimbursement
OUTPATIENT MEDICAL			
Consultations GP	23 €	70% of FSST* (16.10 € minus 1 € deductible**)	100% of costs up to a max. of 92 € minus 1 € deductible
Consultation 'non-conventionné' (doctors who do not have an agreement with the FSS)	0.61 €	30% of FSST* (0.19 €)	Up to a max. of 50 € per consult
Consultation Gynecologist	23€	70% of FSST (16.10 € minus 1 € deductible)	100% of costs up to a max. of 92 € minus 1 € deductible
Consultation Dermatologist	23 €	70% of FSST (16.10 € minus 1 € deductible)	100% of costs up to a max. of 92 € minus 1 € deductible
Psychatrist - Neuropsychiatrist	41 €	70% of FSST (28.70 € minus 1 € deductible)	100% of costs up to a max. of 164 € minus 1 € deductible
PRESCRIPTION DRUGS			
Drugs 100%		100% of FSST minus 0.50 € deductible per a box of drugs	no complementary reimbursement as totally covered by SMEREP
Drugs 65%		65% of FSST minus 0.50 € deductible per a box of drugs	100% of cost (minus SMEREP reimbursement minus 0.50 € deductible)
Drugs 35%		35% of FSST minus 0.50 € deductible per a box of drugs	100% of cost (minus SMEREP reimbursement minus 0.50 € deductible)
LABORATORY			
PAP smear in Laboratory (B55)	14.85 €	60% of FSST (= 8.91 €)	100% of costs up to a maximum of 59.40 €
PHYSICAL THERAPY			1000/
1 session for ankle (AMK7)	14.28 €	70% of FSST (= 10.00 €)	100% of costs up to a maximum of 57.12 €
DENTAL CARE			1000/ -f
Consultation Dentist (C)	21 €	70% of FSST (= 14.70 €)	100% of costs up to a maximum of 84 €
Complete scaling in 2 sessions (SC12x2)	57.84 €	70% of FSST (= 40.48 €)	100% of costs up to a maximum of 231.36 €
Filling (SC 15)	36.15 €	70% of FSST (= 25.30 €)	100% of costs up to a maximum of 144.60 €
1 crown (SPR 50)	107.5 €	70% of FSST (= 75.25 €)	100% of costs up to a maximum of 430 €
VISION CARE			
Consultation Ophtalmologist	23 €	70% of FSST (16.10 € minus 1 € deductible**)	100% of costs up to a max. of 92 € minus 1 € deductible
Complete scaling in 2 sessions (SC12x2)	2.84 €	65% of FSST (= 1.85 €)	maximum 107 € minus SMEREP reimbursement
Eyeglass lenses	between 2.29 € and 24.54 € per lens	65% of FSST (between 1.49 € and 15.95 € per lens)	maximum 39 € per lens minus SMEREP reimbursement
1 crown (SPR 50)	107.5 €	70% of FSST (= 75.25 €)	100% of costs up to a maximum of 430 €
ALTERNATIVE MEDECINE			
Osteopathic care	not covered	not covered	100% of costs, up to 10 sessions per semester
PSHYCHOLOGICAL SERVIC	ES		1000/ -6 -
Phychological therapy	not covered	not covered	100% of costs, up to 15 sessions per semester limited to 90 € per session

<sup>\*</sup>FSST: French Social Security Tariff \*\* French Social Security Deductible on some medical procedures. Limited to 50 € per person per year



## 3 Consulting a doctor or medical specialist

Choosing a doctor abroad may seem like a challenge, but there are a few helpful tips to keep in mind to make sure you get the care you need.

- First, you can consult the Health Plan Coordinator in The Office of Student Affairs for a list of English-speaking medical professionals near AUP who regularly consult with AUP students. Note that this list is also available online on MyAUP. When you call to make an appointment, be sure to mention you are an AUP student; you will often be able to see the doctor sooner if identified as an AUP student. If you're too ill to wait for an appointment, you should consider calling "SOS Médecins". In the case of an emergency, please see the Emergency section guide.
- For a comprehensive directory of all medical providers in France (who may or may not speak English), see <a href="http://amelidirect.ameli.fr/">http://amelidirect.ameli.fr/</a>
- Make sure you bring a checkbook or cash with you to any medical visits. You will have to pay upfront in almost all cases (with the exception of designated psychologists and osteopaths that work with AUP). A visit to a general practitioner ranges from 23-65 €. Specialists can range from 23-120 €.

#### **IMPORTANT**

Nominate your primary care physician (médecin traitant) on your first visit to a General Practitioner, and before seeing any specialist. Fill out and sign a "déclaration de médecin traitant" form with your GP and send it to SMEREP. If you don't nominate a primary care physician, you will incur a penalty in your reimbursements.

Once your "Carte Vitale" is delivered, be sure to take this with you to all appointments. Also bring along your MSH INTERNATIONAL card.

Note: If you miss some courses due to illness, you should ask for a medical certificate when you see a doctor. To submit an excused absence request, you will need to submit a medical certificate (indicating the number of days you should be on medical leave) to the Health Plan Coordinator in The Office of Student Affairs.



## 4 Whom do I call in the event of an emergency?

#### I LIFE-THREATENING EMERGENCY

A life-threatening situation calls for immediate and independent action on your part. The following information might be helpful and should be kept visible and accessible, taped on the wall by your phone, for example.

If you call to an emergency service, you need to:

- provide the following information:
  - a) your name and address, including the floor (étage) and entrance code number if necessary
  - b) your telephone number
  - c) the patient's name and age
- ▶ inform them of the nature of the illness or accident and what has happened since, and what treatment, if any, has been given. Also describe the patient's present condition (cannot walk, is vomiting, is in pain, etc.)
- speak clearly and slowly in French or English. If you do not speak French and do not have anyone else who can make the call, the person on the other end may understand or be able to find someone who does. SOS Médecins (Tel: 01 47 07 77 77 or 08 20 33 24 24) and MSH INTERNATIONAL (01 44 20 48 15) can answer emergency calls in English.

## LIFE-THREATENING EMERGENCY TELEPHONE NUMBERS

Emergency Ambulance and Medical Team Ambulance (SAMU) 15 or 01	45 67 50 50
FIRE BRIGADE (Pompiers)	18
POLICE DEPARTMENT (Police Secours)	17
Emergency call by a cellular phone	112

#### **ION-CALL PHYSICIANS**

Teams of physicians circulating in radio-dispatched cars throughout the city make house calls, providing medical service 24h hours a day, every day of the year.

URGENCES MEDICALES DE PARIS	01 53 94 94 94
S.O.S MEDECINS	01 47 07 77 77



#### **I OTHER EMERGENCY SERVICES**

<b>Hôpital Européen Georges Pompidou</b>
<b>SEVERE BURNS</b>
Service des Brûlés, Hôpital Cochin,
27, Rue du Faubourg St-Jacques - 75014 Paris (StJacques station)
INJURIES, (surgery in particular, including severed fingers and hands) . 01 58 41 27 22
Service des Urgences, Hôpital Cochin
27, Rue du Faubourg St-Jacques - 75014 Paris (StJacques station)
<b>POISON CONTROL CENTER</b>
Centre Anti-Poison - Hôpital Fernand-Widal
200, Rue du Faubourg St-Denis - 75010 Paris (Gare du Nord station)
This facility has emergency treatment for poisoning. Staff members can tell you whether
a substance is toxic, what emergency measures to take if it is, whether hospitalization is
advisable and, if so, where to go. There is generally an English-speaking person available.
<b>SOS DENTISTS</b>
Call the above number for assistance
SOS-DROGUE INTERNATIONAL
Call the above number for legal and psychological assistance in drug cases.
ATTACKS/RAPES

#### ATTACKS/RAPES

If you have been attacked or raped, go first to your local "Commissariat de Police", which can arrange access to services at the "Urgences Médico-Judiciaires". The aforementioned service has physicians on staff who have special training and who will make sure you have all the legal reports for a future prosecution of the attacker, as well as providing you with necessary medical attention.

 $www.prefecture-police-paris.interieur.gouv.fr/infos\_proxi/plan.htm$ 

**Urgences Médico-Judiciaires** 01 42 34 86 78 Hôpital Hôtel-Dieu

1, Place du Parvis Notre-Dame - 75001 Paris (Hôtel de Ville station)



#### I NON-LIFE THREATENING EMERGENCY

If you need help in a medical emergency which is not life-threatening, the Office of Student Affairs (Tel: 01 40 62 05 77) and MSH INTERNATIONAL can help you find the kind of medical service you need. At night or on weekends, you may either call the University where an answering machine will provide a number to call or you may call MSH INTERNATIONAL (Tel: 01 44 20 48 15) which will put you through a French English-speaking doctor trained to handle emergency situations.

#### **I OTHER USEFUL ADDRESSES**

HERTFORD BRITISH HOSPITAL
CLINIQUE DE L'ALMA 01 45 56 56 00  Outpatient Emergency Unit  166, Rue de l'Université - 75007 Paris (Invalides station)
CENTRE DE PLANNING FAMILIAL
ALCOHOLICS ANONYMOUS
FREE V.D. CLINIC (no AIDS testing)
FREE AIDS TESTING SERVICES
SIDA-INFO SERVICE (24h/24h) (AIDS information)
SOS-HELP

advice opening Hours: 15:00-23:00 daily.



## 5 How long does coverage last?

New students are covered from August 27th through December 31th (Fall Semester) and January 1st through August 26th (Spring Semester), provided premiums are paid. Spring semester coverage is automatically renewed unless the Health Plan Coordinator in The Office of Student Affairs receives an e-mail notification from the student. Contact The Office of Student Affairs for more information about payment.

If a student stops his or her studies and/or withdraws from the academic program at The American University of Paris, the coverage for the complementary insurance stops on the day the withdrawal is recognized by the University.

## 6 How do I enroll in the AUP plan?

The AUP Student Health Care Plan is mandatory and available in several packages depending on your status (see below).

#### New degree-seeking students

Package A (including French Social Security and supplementary coverage with the AXA Group):

€ 547 a semester or € 887 for the year

French students under 20 during academic year covered by parents' Carte Vitale

**Package C** (including supplementary coverage with the AXA Group):

€ 340 a semester or € 680 for the year

Opt out of Student Health Care Plan entirely\*

#### Visiting students (one semester or a year)

Package D (including full insurance with AXA Group):

€ 540 a semester or € 1 080 for the year

Opt out of Student Health Care Plan entirely\*\*

#### Returning students (enrolled prior to fall 2010)

Package A (including French Social Security and supplementary coverage with the AXA Group): € 547 a semester or € 887 for the year

Package B (including French Social Security only): € 287 for the year

\*Only possible for French students who are under 20 years old before August 26, 2012 and who provide proof that they are covered by their parents French Social Security (Attestation d'ayant-droit). Proof of alternative coverage as listed above must be provided to the Health Plan Coordinator in The Office of Student Affairs NO LATER than Orientation check-in. The student will otherwise be enrolled in The AUP Student Health Care Plan (Package A) - no exception will be made. See your Admissions Counselor for details.

\*\*Visiting students already covered by private comprehensive health insurance valid in France that includes medical coverage equivalent to AUP's Student Health Care Plan. A signed Health Insurance Certificate by the representative of the health insurance provider and the Financially Responsible Person must be submitted to the Health Plan Coordinator in The Office of Student Affairs. NO LATER than Orientation check-in. The student will otherwise be enrolled in The AUP Student Health Care Plan (Package D) - no exception will be made. See your Admissions Counselor for details.



All AUP students are automatically enrolled in Package A at the beginning of each semester, unless they meet one of the two exemption categories listed above. The cost of the health care insurance will be charged directly to their account and payment is due for new students when they register. Returning students must pay their insurance fee two months in advance prior to coverage starting date (e.g. July 1 for the Fall Semester or full year and November 1 for the Spring Semester).

#### **IMPORTANT**

Students qualified for exemption must officially request one and show proof of their coverage to the Health Plan Coordinator in The Office of Student Affairs prior to registration. The final deadline for exemptions is the day of registration/check-in at the beginning of each semester. Paperwork turned in after these dates (regardless of the validity of the claim), incomplete exemption forms, or inadequate private coverage will not be accepted, and students will be charged the full price for health insurance.

No exception will be made.

### 7 What is health care like in France?

Health care tends to vary greatly from country to country in terms of both quality and the types of treatment offered. Many students are often surprised by the type of treatment prescribed for them in a foreign country and tend to view any difference from the type of care they would receive at home as inadequate. This is almost never the case. Different types of examinations and treatments are rarely either worse or better. They are just different.

Health care in France is excellent. The training of doctors and nurses is at least as good as in any other country. You may be surprised that doctors' offices and hospitals are not as lavishly furnished as you are used to, but there are a number of reasons for this. The most important being that health care is made available to all French citizens, regardless of their ability to pay for such care. You should feel assured that the medical care you will receive in France is of extremely high quality.

As mentioned before, the treatments you can receive in France may be different from those you are used to. For example, French physicians are first-rate diagnosticians and tend not to use expensive lab tests and procedures before prescribing a treatment.

If you have any questions or concerns about your health care, please inform the Student Affairs Office. They will be happy to assist you.



#### I IMPORTANT NOTE

In most cases the Plan covers 100% of medical expenses up to a limit, which usually is defined as 400% of the Social Security Tariff, i.e. 4 times the official rates per treatment procedure. French medical practitioners are classified into three categories: a) "Conventionné" who abide by the official rates; b) "Conventionné Honoraires Libres" who generally charge between 1,5 and 3 times the official rates; c) "Non Conventionné" who charge more than 5 times the official rates.

When you inquire about good practitioners in France, you will discover that they are well represented in all three categories. If you choose to see very expensive doctors (who charge more than 4 times the official rates), you will pay a large part of the medical bills out of your own pocket. If you pick physicians who charge reasonable rates, normally you will be completely reimbursed for all necessary medical care.

When outside of France, however, medical expenses can often be much higher than the same service performed in France. These expenses will be reimbursed as the limits detailed in the Plan. To avoid the risk of being overcharged for services and eventually paying a large part of the expense out of your own pocket, do not hesitate to contact MSH INTERNATIONAL for advice prior to incurring the expense. In case of a hospitalization or surgery, this is a must!

## 8 What do I do in case of hospitalization or surgery?

In all cases of non-emergency hospitalization and surgery, you need to provide your primary insurance SMEREP information to the hospital ("attestation de droits" and/ or Carte Vitale) and contact MSH INTERNATIONAL at least ten days in advance (MSH INTERNATIONAL telephone and fax numbers are on the insurance card) so that a precertification agreement ("prise-en-charge") can be issued directly to the hospital.

In case of an emergency, simply ask the hospital to call immediately MSH INTERNATIONAL. The payment arrangements will be made directly by both insurance companies, primary and complementary.

VISITING STUDENTS - you only need to contact MSH INTERNATIONAL.



The Hertford British Hospital charges reasonable and customary rates as do all public French hospitals. Some private hospitals and clinics may partially exceed reasonable and customary rates and may not be fully reimbursed. For verification or questions, please call MSH INTERNATIONAL. For a comprehensive list of public hospitals and emergency rooms, please visit My.Aup.edu or visit: http://www.aphp.fr/site/urgences/urgences.htm

Remember: Elective surgery is not covered, and for any other type of hospitalization or surgery, a pre-certification agreement is required from SMEREP and MSH INTERNATIONAL or overwise the claim may be rejected or paid at only 50%.

## 9 How do I get reimbursed?

All new, degree-seeking students are automatically enrolled in French student Social Security through SMEREP and provided complementary health coverage through MSH INTERNATIONAL. Students should open a French bank account in order to be reimbursed for medical expenses. Be sure to ask for two "RIB"s (Relevé d'Identité Bancaire) when you open your account; these will be sent to SMEREP and MSH INTERNATIONAL with your first claim so they know which account to reimburse.

Coverage starts the first day of Orientation. You will receive a MSH INTERNATIONAL card and number during Orientation. During the courses of your first academic year, you will also receive a Social Security insurance card with your name and your Social Security number. This card is called "Carte Vitale" and will be updated every year you



stay in France as a student. To update your card, swipe it in one of the electronic terminals in a pharmacy or SS center. How to be reimbursed before your "Carte Vitale" arrives:

It may take several months before you are issued a Social Security number and a "Carte Vitale". In the meantime, you will be issued a temporary number to be reimbursed for medical expenses. In this case, when you visit doctors, pharmacies and other medical providers you will pay for your medical expenses and receive a formatted bill called "feuille de soins".

This should be completed as explained below and sent directly to SMEREP along with a RIB (see above) if it is the first request for reimbursement.



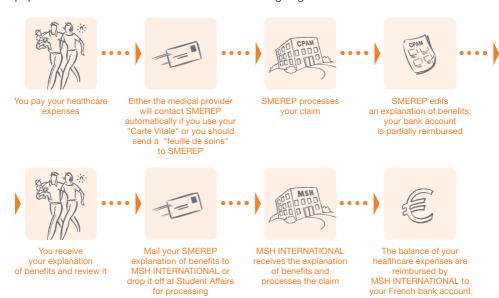
See the Health Plan Coordinator in The Office of Student Affairs for a "helpful tip" sheet to complete this form. Student Affairs can also help you to complete the form in person and mail it for you if you prefer.

The SMEREP will then process your claim, reimburse your French bank account and send you an explanation of benefits called a "décompte." As it takes five weeks for the SMEREP to send a "décompte", we advise students to go online and print it out (www.smerep.fr). The "décompte" should be sent directly to MSH INTERNATIONAL for reimbursement of the difference (up to certain limits - see page 6-8). Remember to attach a RIB if it is your first request. Alternately, you can drop your SMEREP "décompte" and RIB with the Health Plan Coordinator in The Office of Student Affairs to have it processed.

Once you have your "Carte Vitale", you will be able to provide your card directly to medical suppliers and not receive a "feuille de soins" in most cases. You will still have to pay out of pocket, however, before being reimbursed.

**VISITING STUDENTS**: Remember that you are not enrolled with SMEREP so all 'feuilles de soins" and claims should be sent directly to MSH INTERNATIONAL.

Below is a summary of the process. IMPORTANT: Remember to keep copies of all the paperwork below. You never know when something might be lost in the mail!





- 1) You must pay the medical provider.
- 2) If you don't use your primary insurance card "Carte Vitale", ask for an official receipt called "feuille de soins". This must be validated/signed by the practitioner.
- 3) Fill in the front page of the "feuille de soins" as follows:
  - I. Numéro d'Immatriculation: SMEREP ID number or AUP student ID n° for VISITING STUDENTS (If you do not yet have a temporary or permanent "numéro d'immatriculation", you should leave this blank but attach a copy of your passport or ID)
  - II. Nom-Prénom: Last name, first name
  - III. Adresse: The American University of Paris
  - IV. Skip over the rest of the page, but sign at the bottom, right-hand corner. Your signature confirms that the document is accurate.

See the Health Plan Coordinator in The Office of Student Affairs if you would like assistance with Step Three.

**4)** Send your claim forms and the "feuille de soins" to the address of SMEREP (or to MSH INTERNATIONAL for VISITING STUDENTS). Alternatively, you can drop your paperwork off with The Health Plan Coordinator in The Office of Student Affairs for processing.

#### NOTE

For treatment or medical supplies in France: enclose the "feuille de soins" and stick on the "vignettes" / stickers (for prescription drugs only). A doctor's prescription must accompany all bills for eyeglasses, contact lenses, prescription drugs, laboratory tests or physical therapy.

For treatment or medical supplies outside of France: enclose all medical prescriptions, doctor's fees and bills. These documents should indicate the full name, date of treatment, a detailed description of medical services and the amount of charges corresponding to each category of treatment as well as the name, address and contact numbers of the practitioner, medical facility, laboratory or pharmacy. Cash receipts that do not provide this information are not acceptable.

To be eligible for reimbursement, all medical claims must be submitted within 12 months of the date of care.

#### **USEFUL TIP**

Please keep a copy of all original documents you send.



#### 5) Your reimbursement

Your bank account will first be reimbursed by the SMEREP for the portion that is covered by the French Social Security. Be sure to send a RIB along with your first request for reimbursement. Once you have been partially reimbursed by the SMEREP, send your "décompte" to MSH INTERNATIONAL to receive the remainder of your reimbursement (up to certain limits; see page 6-8 for details). Remember to attach a RIB also for MSH INTERNATIONAL if it is your first request. See the Health Plan Coordinator in The Office of Student Affairs for more information.

VISITING STUDENTS: Remember that all forms should be sent directly to MSH INTERNATIONAL.

## 10 Access your MSH INTERNATIONAL account online

#### I ONLINE SERVICES... TO MAKE LIFE EASIER FOR YOU.

The www.msh-intl.com/global web site provides secure, 24/7 access to information and many services that will help you save time with just a click of the mouse.

To access your personal, secure web page, you will need the login and password provided with your card when you enrolled in the health plan. If you don't know or remember your login and password, contact the Health Plan Coordinator at: health@aup.edu or MSH INTERNATIONAL at 01 44 20 48 15.

This section of the site allows you to:

- view your reimbursement notices by MSH INTERNATIONAL from the last 24 months (you receive notification by email each time a new claim is processed)
- view your personal data (policy number, start date, insurance ID number, bank details, etc.)
- modify your personal data (mailing address and e-mail)
- request a certificate of insurance, a personalized Identification Card etc
- fill out and print your online claim form (see below)
- find out more about prior approvals, direct payments and how to be reimbursed
- fill out an online pre-certification agreement request



#### I YOUR ONLINE CLAIM FORM

Once logged in, you can fill out the online claim form in the "forms" section of the web site. When filling out your claim form, remember to:

- Check your details (address, e-mail,...) and amend them if necessary.
- Make sure you sign/date it, and join the SMEREP statements

#### Review your MSH INTERNATIONAL claims

Claim forms filled out online are recorded in your personal pages in the "Your Claims" section on the MSH INTERNATIONAL website so that you can view them at any time during the following 24 months.

#### Other important information

In the event of an accident (automobile, etc.) you may be covered by another insurance plan. Additionally, accidents occurring while working as an intern are covered by a separate policy which the University carries. Contact the Health Plan Coordinator in the Office of Student Affairs who will help you to coordinate benefit payments.



Notes				



#### HEALTH INSURANCE. FOR YOU. WHEREVER. WHENEVER.



#### Your contact



#### General Tel:

From France: 01 40 62 06 00 From Outside France: +33 1 40 62 06 00

#### Student Affairs Tel:

From France: 01 40 62 05 77 From Outside France: +33 1 40 62 05 77



#### **PLAN ADMINISTRATOR**



82 rue Villeneuve 92587 Clichy cedex - FRANCE



From France: 01 44 20 48 15 From Outside France: +33 1 44 20 48 15



From France: 01 44 20 48 03 From Outside France: +33 1 44 20 48 03



www.msh-intl.com/global