# GPS Checklist

**Path Item** | Requirement | Planned Semester | Complete? | Notes
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**WORKSHOPS** | 1. PLAN: Designing Your AUP (DYA)  • Personal Plan | | ☐ |  
   | 2. IMAGINE: Designing Your Life (DYL)  • Personal Value Proposition | | ☐ |  
   | 3. TELL: Designing Your Narrative (DYN)  • Personal Narrative | | ☐ |  
   | 4. Balancing Student Life | | ☐ |  
   | 5. Resilience | | ☐ |  
   | 6. Cultural Fluency | | ☐ |  
   | 7. Conflict Management | | ☐ |  
   | 8. Leadership | | ☐ |  
   | 9. Senior Feedback Survey | | ☐ |  
**EXERCISES** | 10. Professional Experience 1/2 | | ☐ |  
   | 11. Professional Experience 2/2 | | ☐ |  
   | 12. Self-Care | | ☐ |  
   | 13. Collaborative Activity 1/2 | | ☐ |  
   | 14. Collaborative Activity 2/2 | | ☐ |  
   | 15. Cultural Exploration | | ☐ |  

**Professional Experience Options**  
- Career Workshops & Events*  
- GPS Panel Presentation*  
- Academic Research & Practice  
- ASM Board Member*  
- AUP Global Mentoring*  
- AUP Resident Advisor*  
- Internship registered w/ AUP (2)*  
- LinkedIn Learning certification – linked to career plans  
- Publications & Public Speaking  
- Additional Prof. Experience  

**Collaborative Activity Options**  
- Activities & Clubs Committee*  
- ARC Tutor*  
- Events Committee*  
- Judiciary Committee*  
- Merchandise Committee*  
- Senior Gift Committee*  
- Service Committee*  
- SGA Executive*  
- Student Advisor*  
- Student Senator*  
- Active Member of a Student Organization (2)  
- 20 hours of community service (2)  
- Additional Collaborative Experience  
- GPS Partner Course (multiple options)  

**Cultural Exploration Options**  
- Join an AUP Language or Culture club*  
- Cultural Program Study Trip*  
- Study Abroad  
- Study Arabic in Fes, Morocco  
- Additional Cultural Fluency Experience  
- GPS Partner Course (multiple options)  

**Self-Care Options**  
- Active Gym Membership  
- Join an AUP sports team*  
- Join an AUP recreational activity club*  
- LinkedIn Learning certification – something creative  
- LinkedIn Learning certification – something related to self-improvement  
- Other regular physical activity  
- Other Self-Care, Wellness, or Self-Improvement Activity  

**Tips:**  
- * - tracked automatically (no need to declare);  
- (2) - can use 2 activities of this type;  
- Fill out planned semester for each incomplete path item;  
- Highlight relevant options;  
- Add details about each activity in the Notes column.

Submit all items via your GPS Path: [https://aup.campuslabs.com/engage/involvement/paths#/](https://aup.campuslabs.com/engage/involvement/paths#/)  
Questions? Contact [gps@aup.edu](mailto: gps@aup.edu)
1. Is GPS mandatory?  
GPS is an optional and highly recommended co-curricular program, available to all undergraduate AUP students.

2. Does GPS satisfy an academic requirement?  
Yes. Completion of the GPS Program satisfies the Experiential Learning degree requirement for undergraduate students.

3. How can I access my GPS path?  
Via AUP Engage: https://aup.campuslabs.com/engage/involvement/paths/

4. What GPS options need to be declared by the student?  
Academic Research & Practice, AUP Global Mentoring, LinkedIn Learning certifications, publications & public speaking, study abroad, active membership of a student organization, any additional experiences.

5. May I declare an experience that preceded my time at AUP?  
You may include experiences that have or are happening outside of AUP, but they must have taken place while you were an AUP student.

6. Is GPS open to non-degree-seeking students?  
Yes. All current undergraduate students have access to GPS, can attend GPS workshops, and work towards completion of the program. GPS Program Certificates, however, can only be earned by graduating AUP seniors.

7. Can students on a leave of absence work on their GPS?  
Yes. Students who have taken a leave of absence are strongly encouraged to make progress on their GPS path.

8. Which GPS options can be repeated?  
Internships, community service, and membership of student organizations may be used twice in the sense that students can use up to two different internships / two different community service or volunteering opportunities / membership of two different clubs or student organizations towards their GPS path.

9. How to declare an activity on my GPS path?  
Follow the instructions available on your GPS path to type-up a brief reflection of your experience. Go back to your GPS path, click on the relevant pillar of the path (there are four of them in total). Then click on the relevant item and follow the instructions to submit your typed-up reflection.

10. May I submit the same reflection towards two or more different GPS categories?  
For instance, may I use an internship abroad to satisfy both a Professional and a Cultural Exploration experience? No. Every experience can count only once. If you choose to use the internship as a Professional Experience, you must use another experience as your Cultural Exploration activity.

11. What GPS options are tracked automatically (need not be declared by the student)?  
Internships, language/culture club membership, cultural program study trips, student committee membership, ARC tutorship, ASM board membership, student advising, SGA executive and student senators, sports teams and recreational activity club membership.

12. What happens when I submit a reflection?  
The GPS Team will carefully review your reflection. If approved, the corresponding item on your GPS path will turn green. If denied, you will receive a notification explaining what you need to do to complete/resubmit it.

13. What is the GPS Co-Curricular Scholarship?  
The GPS Co-Curricular Scholarship is a €5,000 annual tuition abatement awarded at the time of application to curious students who seek, through the GPS Program, to seize new opportunities and reflect on how these activities shape their present and future.

14. What do I get for completing the GPS Program?  
In addition to satisfying their CCX degree requirement, all GPS graduates earn a certificate, which appears on their official university transcript, and wear a cord of distinction at Commencement Ceremony.

15. What happens at the GPS Panels?  
Juniors & seniors can present their personal narrative in April to panels comprised of AUP alumni, employers, and faculty. All students who participate in the panels earn Professional Experience GPS credit, get immediate feedback and support, and might run for the Danielle Savage GPS Award.

16. What is the GPS Award?  
The Danielle Savage GPS Award (€1,000 and a certificate) is conferred to the finest personal narrative presentation by a senior at Commencement Ceremony.